

You're Invited!

A HAVEN OF REST



Friday, May 3rd & Saturday, May 4th, 2024

Location:
Bayside Community Church
Lakewood Ranch Campus

This retreat is free, a gift to bless you!

“...BE SUPERNATURALLY **INFUSED** WITH STRENGTH
THROUGH YOUR LIFE-UNION WITH THE LORD JESUS.
STAND VICTORIOUS WITH THE FORCE OF HIS
EXPLOSIVE POWER FLOWING IN AND THROUGH YOU.”

EPHESIANS 6:10 (TPT)





What is an Infusion Retreat?

Infusion

v. “the act of adding one thing to another to make it stronger”

Spiritual Retreat

n. “a period of time spent away from one’s normal lifestyle to rest, reflect, and focus on connecting with God for spiritual refreshing and strengthening as a Christ Follower”

Our world can leave us overworked, exhausted, and wounded. We often neglect ourselves, becoming a weak shadow of the women of God we are called to be.

Can you relate?

You’re invited to join us for an Infusion Retreat where you have an opportunity to withdraw and focus on restoring the brave, warrior woman within you. All for God’s glory, you will be fit and battle-ready to confidently face life’s challenges operating from a place of rest.

The Infusion Retreat offers a unique experience to find your haven of rest and learn techniques to transform the way you experience rest, bringing harmony and strength to recharge your body, renew your soul, and refresh your spirit.

Be Nourished

Spiritually, mentally,
emotionally and physically



Be Pampered

Enjoy Massage,
pamper stations
& sensory experiences



Be Rested

Breathe freely as your
authentic self.

Knowing that you are fully seen,
heard, known & loved.



Recalibrate

Recalibrate your inner Warrior
with Jesus and hear his unique
calling for your life through
powerful inspired messages,
prayer, worship and
prophetic words for your now.



Imagine a place
where you can just
stop, breathe, and be still.

Infusion Retreat
is an immersive experience,
designed especially for leaders
like you.



RETREAT Speakers



DANNI SYNOT

Meet Danni

Danni is the Founder and CEO of Australian Charity Brave Enough, but you may also know her familiar voice as the host of *Brave Conversations Podcast* alongside her cohost Tom Mann on AccessMore (EMF/KLOVE)

Her passion for Brave Conversations and helping others came after her own journey of healing with Jesus after experiencing challenges and traumas including abandonment by her father, abuse, addiction, the loss of a baby, ministry burnout, depression and debilitating anxiety disorder.

Danni knows that healing is possible, that everybody has a story and every story matters. Her passion is to help others be brave enough to get unstuck and emerge stronger, encouraging us all to live out our God-given purpose and help the next person up.

In the land down under, Danni is a mentor-coach and qualified counselor, and the author of the book and study series *'Every Heart's Cry'*. She has had diverse ministry experiences over two decades, working in various capacities, including as an outreach pastor, assistant pastor, counselor, chaplain, and community center manager.

As a dynamic preacher, speaker, television, and radio presenter, she has worked for and been featured on several international networks, with preaching and presenting experiences, in 15 countries around the globe. Her previous television ministry adventures include the multi-award-winning *'Beyond the Search'* documentary series, The *'Epic'* documentary series, News Anchor on *Record Infocus* -Christian News & Current Affairs, *Recovery Road* and *Brave to Go*. Danni also worked on radio for several years, including her nationally syndicated radio show across Australia, *'Big Brave Life'*.

Home in Australia, Danni and her husband Mark who is a Dementia Specialist at Dementia Australia and is currently working towards qualification as Counsellor. They share three grown children, Hannah, Adam and Logan and their fur-baby pups Princess & Benji. To relax Danni enjoys deep conversations by the beach, making faith-inspired gifts & jewellery, laughing out loud, the odd cheeky prank, eating ice-cream and sipping on an almond chai latte.



VALERIE ELLERY

Meet Valerie

Valerie has dedicated more than 34 years to education in churches and schools in various roles as a Women's Ministry Director, Mentor/Coach, National Board-Certified Teacher, Curriculum and Training Specialist, International Speaker and Educational Consultant, and Best-Selling Author.

Valerie authored a plethora of resources to impact the hearts and souls of those who read them, including *Equipping the Warrior Woman: Strategies to Awaken Your Purpose, Strength, and Confidence* challenging women to get dressed with their armor on to fight strong. She has helped develop content for church discipleship programs and even authored Ten Bible Story Big Books and student readers for schools with guiding questions, vocabulary, and "retell it" cards.

Her educational books *Creating Strategic Readers*, *Sustaining Strategic Readers*, and *Literacy Strong All Year Long* have been used internationally in classrooms and universities to inspire educators to motivate and engage today's "whole" learners. In addition, she crafted a Language and Culture Curriculum for Pittsburgh Pirates Major League Baseball to impact the "whole player" body, soul, and spirit.

She also co-authored two secondary curricula in the area of self-worth and human trafficking *Bodies Are Not Commodities* by A21 and *ShineHope*, published by Hillsong, impacting 37 Nations and reaching millions. Under the leadership of Christine Caine (A21.org), Valerie served as A21's Global Human Trafficking Education and Curriculum Specialist, authoring A21's *K-12 Human Trafficking Education Curriculum* to help safeguard students and abolish this injustice. In this field, she also served as the 1st ever Florida Department of Education's Human Trafficking K-12 Education Specialist.

Valerie lives in Bradenton, Florida, with her husband Gregg, who is an Executive Pastor at Bayside Community Church. Together, they have four adult children and five beautiful grandchildren! Whether in church or educational venues, Valerie loves traveling the globe to inspire, encourage, and transform lives to be confident in who they are, dedicated to seeking their purpose, and determined to be dressed for battle and fight from a place of victory!



GUEST *Panelist*

Meet Stephanie Travis

Stephanie Travis, a native of the East Coast of Florida, has nurtured a profound passion for sports, the ocean, and exploration since her early years. Now residing in Bradenton with her husband Jay and their two children, Stephanie's professional journey from a graduate of Florida State University to a seasoned educator spans over a decade, during which she has guided and inspired numerous athletes and students.

Beyond the classroom, Stephanie is a dedicated fitness enthusiast, serving as a personal trainer, wholeness coach, and the driving force behind Groundswell surf school, enriching the lives of elementary-aged children through summer surf sessions.

However, Stephanie's impact extends far beyond the waves. With a fervent commitment to wellness, she tirelessly advocates for human trafficking prevention education, sharing her insights and strategies globally, from Texas to South Africa.

Driven by her passion for coaching, Stephanie founded the "Praying Pickler" community, where pickleball enthusiasts gather to explore the spiritual connections between their sport and the teachings of the Bible.

In her leisure time, Stephanie finds solace in fishing, surfing, and bonding with her family over sports activities, embodying the values of vitality, compassion, and adventure.



A Haven FOR YOU

Infuse Stillness **Experiential break-out stations**

- Pampering room for refreshing spa-like treatments
- Prayer room for connecting with and hearing from God
- Peace room for intentional solitude, soaking, and pausing in His presence

Infuse Holiness **Experiential rest, worship and interactive sessions**

- Eden's Equilibrium (Slaying Anxiety, Stress and Burnout)
- Cleaning House (Uprooting Strongholds and Repeated Patterns of Defeat)
- Bonfire Breakthroughs (Releasing Old and Receiving New Identity)

Infuse Boldness **Transformational prayer, healing and empowering sessions**

- Battle Ready (Armored-Up, Warrior Women Powered with Prayer)
- The Brave Inside (Harnessing Your Story for His Glory)
- Battle Plan (Rest Remedies and a Blueprint for Restorative Living)



WORSHIP





ENCOUNTER



PROGRAM

Friday, May 3rd 2024

1:00pm- Doors Open, Registration & Check-in

1:30pm- Welcome and Foundational Overview

2:00pm- Infusing Stillness Sessions

4:00pm- Afternoon Tea Time

4:30pm- Solitude, Fasting and Silent Reflection Time

5:30pm- Daniel Fast Style Dinner

6:00pm- Infusing Holiness Sessions

8:00pm- Bonfire Breakthroughs, Communion, and Celebration

Saturday, May 4th 2024

8:30am- Morning Tea, Coffee, Light Breakfast, Infusing Stillness Sessions

10:00am- Infusing Boldness Sessions

1:00pm- Infusion Complete - Ready for Battle (Retreat Conclusion)

A HAVEN OF REST



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Location:
Bayside Community Church
Lakewood Ranch Campus

Doors Open:
Friday, May 3rd, 2024 at 1pm

Concluding:
Saturday, May 4th, 2024 at 1pm

Register now at:
[Infusionretreat.com](https://infusionretreat.com)

